

# Hello!

# Do you need us?



*Are you self isolating? Are you alone?*

*Do you need someone to talk to or need assistance?*

*We are working with our community partners to ensure that our community is supported through these difficult times!*

**PLEASE FILL IN YOUR DETAILS BELOW & DROP THE CARD INTO OUR OFFICE OR GIVE US A RING ON **0141 553 1601** OR EMAIL US AT: **ANGELA@BLOCHAIRN.ORG** TO LET US KNOW HOW WE CAN HELP.**

My name is:		My phone number is:	
I live at:			
Do you need:			
Help with shopping?	<input type="checkbox"/>	Urgent supplies (food/prescription etc)?	<input type="checkbox"/>
A friendly phone call?	<input type="checkbox"/>	Help with fuel/phone costs?	<input type="checkbox"/>

## Can you help us?

*There are a few of us but we can always use more volunteers. If you feel you would be able to offer assistance, however small, please fill in your contact details below and someone will give you a call to discuss.*

Name:	Phone:
Address:	Email:

As Coronavirus is contagious, we would ask everyone to take every precaution to ensure that all we are spreading is kindness. We advise avoiding physical contact (2metres) and to wash hands regularly. Any items we deliver/drop off will be left on your doorstep.

**By filling in this card, you are confirming that you are happy for us to share your details with our partner organisations. Our partner organisations are:**

Copperworks Housing Association; Spire View Housing Association; Greater Easterhouse Money Advice Project (GEMAP); Help4The Homeless; Local GCC Councillors; Local Primary, Secondary schools and nursery providers; North Glasgow Community Food Initiative; North Glasgow Healthy Living Community; Rosemount Development Trust; Rosemount Lifelong Learning; Royston Youth Action; Simon Community Scotland; Young Movers (YOMO)